Dear Reader,

The Navigating Chaos series is now posted on The Dignity Project website. You can find prior and current articles by clicking on the Articles tab at the top.

I wrote this week’s piece several years ago. For me it is so potent that each time I revisit it, its as though I’m reading it for the first time. I can feel my mind stretching to fill the wide gap between conditioned thinking and the magnitude of Reality and its forces, layers, and interconnections. The Reality that is all inclusive, cosmic in origins and scope, needs further exploration if we are to rebuild societies from a new template, a broader vision.

Debra

Navigating Chaos

Reality

Trust is 15 X stronger than fear. Fear clings to the past, while trust is based in patterns.

Heart energy is 22 X stronger than mind energy. Heart resonates to the entirety while mind operates singularly.
Action taken from our central core is 44 X stronger than action taken from fear and survival impulses. Central core ‘instructions’ are connected to the Field, while fear and survival impulses arise to protect our existence or identity.

A feeling of belonging to Life is 88 X stronger than a thought of alienation. Belonging to Life inspires generosity, while alienation develops self-interest.

The Intelligence of a being is 67 to the 92nd power stronger than the collected ideas of a culture or governing system. The Intelligence of a being is developed within an original imprint, while a culture or governing body is developed as an expression of identified traits, which can be considered life-enhancing or life-diminishing, and are based on a limited view and understanding of Life.